



2019-2020 Class Schedule & Class Details

Parent Toddler

Gym Tots (12-24 mos.) (45min)

Tuesday 9:30
Wednesday 9:30
Thursday 9:30
Thursday 10:30
Saturday 9:15
Sunday 9:15

Gym Tykes (24-36 mos)(45min)

Tuesday 9:30
Wednesday 9:30
Thursday 9:30
Thursday 10:30
Saturday 9:15
Sunday 9:15

Transitional Tykes (Invite Only)(45min)

Tuesday 10:30

PreSchool

Gym Tumblers (3-4 yrs) (50min)

Monday 5:10
Tuesday 9:30
Tuesday 4:30
Tuesday 5:40
Wednesday 9:30
Wednesday 10:30
Wednesday 4:30
Thursday 9:30
Thursday 10:30
Thursday 4:00
Thursday 5:00
Thursday 6:00
Friday 4:00
Friday 5:30
Saturday 10:15
Saturday 11:30
Saturday 12:30
Sunday 9:15

Adv. Gym Tumbler (3&4)

Invite Only (1hr.)
Wednesday 5:10

Parent-Child

Play Group

Open to Children 5&Under
Drop In * \$10 Per Child
Mon & Fri 10:00
Tues & Wed 11:30

School Age Boys

Beginner 1 Boys (1hr)

Tuesday 4:30
Thursday 4:20
Sunday 10:15

Beginner 2 Boys (1hr)

Tuesday 5:40
Friday 5:10

Adv. Beginner Boys (1hr)

Monday 6:40
Tuesday 5:40

Middler Boys (1hr)

Thursday 5:30

School Age Girls

Beginner 1 Girls (5-7yrs) (1hr.)

Monday 4:00
Monday 5:30
Monday 6:10
Tuesday 4:30
Wednesday 4:30
Wednesday 5:40
Thursday 5:10
Friday 4:00
Friday 6:10
Saturday 10:00
Saturday 11:15
Saturday 12:45
Sunday 10:15

Beginner 2 Girls (5-7 yrs) (1hr)

Monday 4:20
Monday 6:10
Tuesday 4:00
Wednesday 4:00
Wednesday 5:40
Thursday 4:00
Thursday 5:10
Friday 4:20
Friday 6:10
Saturday 11:15
Saturday 12:45
Sunday 10:15

Beginner 2 Girls (8 & Up) (1hr)

Wednesday 6:20
Friday 6:20
Saturday 11:15
Sunday 10:15

Beginner 3 Girls (8 & Up) (1hr)

Monday 5:30
Tuesday 4:00
Thursday 5:30
Friday 4:20
Friday 6:20
Saturday 11:30

Adv. Beginner Girls (1hr)

Monday 4:20
Monday 5:30
Tuesday 4:00
Wednesday 4:00
Thursday 4:30
Thursday 5:30
Friday 5:10
Friday 6:20
Saturday 11:30
Saturday 12:30
Sunday 10:15

HotShot Girls (1hr)

Invite Only

Tuesday 4:00
Thursday 4:20
Saturday 11:15

5&up Middler Girls (1hr)

Monday 4:10
Monday 6:40
Wednesday 4:20
Thursday 4:20
Thursday 5:40
Friday 6:40
Saturday 12:30

Intermediate Girls (1.5 hrs)

Monday 5:00
Wednesday 5:30
Thursday 5:30
Friday 5:00

Adv Intermediate (1.5 hrs)

Monday 6:30
Wednesday 5:30

Advanced Girls (2 hrs)

Monday 6:30

Floor Tumbling

Beginner Tumbling (1hr)

Monday 7:30
Tuesday 5:10
Sunday 11:15

Interm Tumbling (1hr)

Monday 7:30
Tuesday 5:10
Sunday 11:15

Adv Tumbling (1hr)

Monday 7:30
Tuesday 5:10
Sunday 11:15

Performance & Competitive Programs

Girls Rookies (1.5hrs) (Middler Level or Higher)

Wednesday 7:00-8:30

Pre-Competitive (2hrs)

Wednesday 5:30-7:30

Performance Troupe (2hrs) (Middler Level or Higher)

Saturday 1:00-3:00

Team Gym Skills (2hrs) (Middler Level or Higher)

Tuesday 6:00-8:00
Thursday 6:30-8:30

**Tryouts Dec 2018 ~ TBA*

Dance Classes

GymDancers I (3-4) (1hr)

Tuesday 9:30
Tuesday 3:15
Friday 4:00
Saturday 9:30

GymDancers II (5+) (1hr)

Tuesday 4:15
Friday 4:00
Saturday 10:30
HipNastics (5 & up) (1hr)
Tuesday 5:15
Wednesday 3:15
Saturday 11:30

Special Olympics

Program

Ages 5 & up
Saturday 8:15 (45m)
*Competitive Season Begins
January 2020

Gymnastics

Open Work Out

\$18 Per person
\$10 Competitive Teams
Friday 7:30-8:45
**Pre-registration required*

Monthly Parents

Night Out

\$25/child, \$23/Siblings
One Saturday Per Month
6:30-9pm
**Pre-registration required*

ROLLING SESSIONS

*Upon registration, all students will be enrolled in our monthly rolling sessions and autopay program. Students will remain enrolled from one session to the next automatically and tuition payments will be charged to the card on file on the designated tuition dates above. A credit or debit card is required to be kept on file for all families. **Students will not be enrolled without a card on file**

BI-ANNUAL

PERFORMANCES

In December and June, our students are given the opportunity to showcase their accomplishments for family and friends. Students work hard preparing for these special performances and are awarded by their coaches!

MONTHLY RATES

Tots & Tykes - \$80.00
Gym Tumblers - \$94.00
1 Hr Classes - \$99.00
1 ½ Hour Classes - \$123.00
2 Hour Classes - \$146.00
Gymdancers/Hipnastics \$92.00
Rookies \$79.00 **2nd class only**
Special Olympics - \$82.00
Paid Class Sept-Dec Only
Sibling Discount 15% For Additional Children in an immediate family

SESSION DATES

Session #1:

Sept 3 – Sept 28
(Upon Enrollment)

Session #2:

Sept 29 – Oct 26
(Payment date Sept 23)

Session #3:

Oct 27 – Nov 23
(Payment date Oct 21)

Session #4:

Nov 24 – Dec 21
(Payment date Nov 18)

Winter Show: (Dec 15-21)

Session #5:

Jan 5 – Feb 1
(Payment date Dec 16)

Session #6:

Feb 2 – Feb 29
(Payment date Jan 27)

Session #7:

Mar 1 – Mar 28
(Payment date Feb 24)

Session #8:

Mar 29 – Apr 25
(Payment date Mar 23)

Session #9:

Apr 26 – May 23
(Payment date Apr 20)

Session #10:

May 24 – TBA
(Payment date Mar 18)
Spring Show: TBA

CLOSINGS

Labor Day (Sun & Mon)
Halloween PM Classes
Thanksgiving (Thurs & Fri)
Winter Holiday Recess
(Dec 22nd – January 4th)
Power Team Gym Comp (Sun)
Easter (Sun)
Memorial Day (Sun & Mon)
OPEN for all other Holidays

*OPEN for school
Vacation Weeks*

*** Students are given the opportunity to attend make up classes in place of our scheduled closing dates. Memorial Day Weekend cancellations have already been scheduled into an additional week in Session 10.**